

Meghalaya 7 Nights / 6 Days Itinerary from Guwahati

Day 1: Arrival at Guwahati - Transfer to Shillong

- Arrive at Guwahati Airport/Railway Station.
- En route stop at Umiam Lake (Barapani) - serene and picturesque.
- Reach Shillong and check into hotel.
- Evening leisure at Police Bazaar for shopping and street food.

Stay: Shillong

Food Tip: Try Jadoh, Momos at Caf Shillong.

Day 2: Shillong - Laitlum Canyons - Mawphlang Sacred Grove

- Visit Laitlum Canyons for breathtaking views.
- Explore Mawphlang Sacred Forest with a local guide.
- Visit Don Bosco Museum, Lady Hydari Park or Ward's Lake.

Stay: Shillong

Tip: Carry light jackets, it's chilly.

Day 3: Shillong - Cherrapunji (Sohra)

- Drive to Cherrapunji via Elephant Falls and Mawkdok Dympep Valley View Point.
- Visit Nohkalikai Falls, Arwah Caves, Seven Sisters Falls, Eco Park and Thangkharang Park.

Stay: Cherrapunji

Evening: Bonfire and stargazing if weather allows.

Day 4: Trek to Living Root Bridge - Nongriat Village

- Early morning trek to Double Decker Root Bridge in Nongriat (3500 steps).
- Witness natural bridges and Rainbow Falls.
- Return to Cherrapunji or optionally stay in Nongriat.

Stay: Cherrapunji

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Note: Carry water, snacks, wear trekking shoes.

Day 5: Cherrapunji - Mawlynnong - Dawki - Shnongpdeng

- Drive to Mawlynnong - Asia's cleanest village.
- Visit Bamboo Skywalk and traditional Khasi homes.
- Proceed to Dawki for Umngot River boating and visit the Indo-Bangladesh border.
- Reach Shnongpdeng for riverside adventure and camping.

Stay: Shnongpdeng

Day 6: Shnongpdeng - Shillong

- Morning by the river, then drive back to Shillong.
- Leisure evening in Shillong, caf hopping and local shopping.

Stay: Shillong

Day 7: Shillong - Guwahati

- Breakfast and return journey to Guwahati.
- Optional stop at Umiam Lake.
- Drop-off at Guwahati Airport/Railway Station.

Trip Ends.